

# OCTOBER

**MON**

**TUES**

**WED**

**THURS**

**FRI**

<p>2</p> <p>Walking Club: <b>10am</b> Gentle Yoga: <b>11:15am-12:15pm</b></p> <p><i>Mobile Miles: Opelousas</i></p>	<p>3</p> <p>Toning: <b>10-11am</b> <b>Breast Cancer Support Group: 5:30pm</b></p>	<p>4</p> <p>Circuit Training: <b>10-10:30am</b> Line Dancing: <b>11am-12pm</b> Gentle Yoga: <b>5:30-6:30pm</b></p>	<p>5</p> <p>Toning: <b>10-11am</b></p> <p><i>Mobile Miles: New Iberia</i></p>	<p>6</p> <p>No Yoga <b>MPCS office &amp; Wellness closing at noon</b></p> <p>SAT 7</p>
<p>9</p> <p>Walking Club: <b>10am</b> Gentle Yoga: <b>11:15am-12:15pm</b></p> <p><i>Mobile Miles: Opelousas</i></p>	<p>10</p> <p><b>Bra &amp; Prosthesis Fitting: 10am-12pm</b> <i>by appointment only</i> Toning: <b>10-11am</b></p> <p><i>Mobile Miles: Crowley</i></p>	<p>11</p> <p>Circuit Training: <b>10-10:30am</b> Line Dancing: <b>11am-12pm</b> Gentle Yoga: <b>5:30-6:30pm</b></p>	<p>12</p> <p>Toning: <b>10-11am</b></p> <p><i>Mobile Miles: New Iberia</i></p>	<p>13</p> <p>Sit &amp; Fit: <b>10-11am</b></p> <p><b>SMILES for Miles: Painting with a Twist: 10am-12pm</b> <i>Halloween attire welcome</i></p> <p>14</p>
<p>16</p> <p>Walking Club: <b>10am</b> Gentle Yoga: <b>11:15am-12:15pm</b></p> <p><i>Mobile Miles: Opelousas</i></p>	<p>17</p> <p>Toning: <b>10-11am</b></p>	<p>18</p> <p>Circuit Training: <b>10-10:30am</b> Line Dancing: <b>11am-12pm</b> Gentle Yoga: <b>5:30-6:30pm</b></p>	<p>19</p> <p>Toning: <b>10-11am</b></p> <p><i>Mobile Miles: New Iberia</i></p>	<p>20</p> <p>Gentle Yoga: <b>10-11am</b></p> <p>SAT 21</p>
<p>23</p> <p>Walking Club: <b>10am</b> Sit &amp; Fit <b>11:15am-12:15pm</b></p>	<p>24</p> <p>Toning: <b>10-11am</b></p>	<p>25</p> <p>Circuit Training: <b>10-10:30am</b> Line Dancing: <b>11am-12pm</b> Gentle Yoga: <b>5:30-6:30pm</b></p>	<p>26</p> <p>Toning: <b>10-11am</b></p>	<p>27</p> <p>Gentle Yoga: <b>10-11am</b></p> <p>SAT 28</p>
<p>30</p> <p>Walking Club: <b>10am</b> Sit &amp; Fit: <b>11:15am-12:15pm</b></p>	<p>31</p> <p>Toning: <b>10-11am</b></p> <p><i>Mobile Miles: Mamou</i></p> 	<p><b>BENEFITING MILES PERRET CANCER SERVICES:</b></p> <p><b>Bill Blanchard Memorial Golf Tournament</b> Friday, October 6<sup>th</sup>   9am Les Viex Chene Golf Course</p> <p><b>Save the TaTa's Breast Cancer Awareness Ride</b> Saturday, October 21<sup>st</sup>   8am Cajun Harley Davidson</p>		<p><b>SAVE THE DATES:</b></p> <p><b>Hope &amp; Thanksgiving Catholic Mass</b> Tuesday, October 17<sup>th</sup>   5:30pm Holy Cross Catholic Church</p> <p><b>CAMELLIA CROSSING</b> Wednesday, November 22<sup>nd</sup> Register at <a href="http://Milesperret.org">Milesperret.org</a></p>

# EVENTS

**BREAST CANCER SUPPORT GROUP**  
TUESDAY, OCTOBER 3<sup>rd</sup> | 5:30pm

**MPCS OFFICE CLOSING AT NOON**  
FRIDAY, OCTOBER 6<sup>th</sup>

**BRA & PROSTHESIS FITTING**  
TUESDAY, OCTOBER 10<sup>th</sup>

Clients that are eligible to receive bra and prostheses will now be able to get fitted at MPCS by the La Femme professional bra fitter. This month's fitting will be Tuesday, October 10th by appointment only. Call to make an appointment.

**SMILES FOR MILES: PAINTING WITH A TWIST**  
SATURDAY, OCTOBER 14<sup>th</sup> | 10am

Put on your favorite costumes, grab a paintbrush, and let your creativity flow. Join us for a special Halloween edition of SMILES for Miles at Painting with a Twist.


*Spaces are limited. Call 337.984.1920 to RSVP.*

*Participation in SMILES for Miles is available to client families with children under 18 years old.*

## MOBILE MILES

Mobile Miles is making stops by appointment only. To set up an appointment, please call the Miles Perret office at 337-984-1920.

DATE	CITY	LOCATION
MON 2	Opelousas	OGH South Campus
THUR 5	New Iberia	SHIPS Medical (602 N. Lewis St. Dauterive H.)
MON 9	Opelousas	OGH South Campus
TUES 10	Crowley	Acadia Gen. Cancer Center
THUR 12	New Iberia	SHIPS Medical (602 N. Lewis St. Dauterive H.)
MON 16	Opelousas	OGH South Campus
THUR 19	New Iberia	SHIPS Medical (602 N. Lewis St. Dauterive H.)
TUES 31	Mamou	Savoy Cancer Center (803 Poinciana St)

 Mobile Miles is sponsored by Our Lady of Lourdes Regional Medical Center.

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 **MILES PERRET**  
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MILESPERRET.ORG



## OCTOBER CLIENT CALENDAR & NEWS

 **MILES PERRET**  
CANCER SERVICES